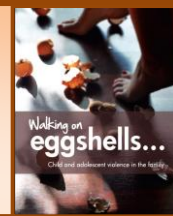


## Step Up for SA

### Building Respectful Family Relationships.

A group program for parents and young people to address violence in the home.

*A Walking on Eggshells Project Initiative*



*in collaboration with*

*Relationships Australia (SA), Reconnect-Port Adelaide/Enfield,  
Junction Australia, Centacare, Flinders University Woodcroft-Morphett Vale Community Centre,  
Lutheran Community Care - Outer Southern Generic Homelessness Service and CAMHS-MT Barker*

# Step Up for SA

**A new program to address young people's violence and abuse in the family – and it's free**

## Pilot Program

The *Walking on Eggshells* Project will be piloting *Step Up for SA* beginning **March 2014**,  
at RASA 49A Orsmond St Hindmarsh,  
Tuesdays 6 - 8.30pm.

**We are looking for 12 parents and young people (12-16 years old) to participate in the 13 week pilot.**

Do you have parents and young people that might benefit from participation in this free program?  
A referral form is attached.

For more information, contact:

Rosalie O'Connor  
Step Up for SA Coordinator

walkeggproject@optusnet.com.au  
0459 789 336

### **Step Up for SA**

is a **free** 13 week program  
for young people and parents

**Step Up for SA** uses a Restorative Practice model of

- accountability
- competency development
- family safety

aimed at decreasing violent behaviours and  
increasing pro-social behaviours.

The focus of the program is twofold:

- to help young people learn about the impact of violent behaviours in the family and adopt pro-social behaviours
- to assist parents with skills to support behaviour change in the family

**Young people** will explore :

- being accountable and responsible for their behaviour
- making amends
- healthy relationships
- strategies to change their and behaviour
- respectful communication

**Parents** will explore:

- safety
- strategies to encourage change
- strategies to respond when their young person uses violence and/or abuse



Government of South Austr  
Community Benefit SA

**Step Up for SA** is supported by the  
Government of South Australia  
through Community Benefit SA



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